

Dr Katrina Rozga

Dr Katrina Rozga is a Canadian psychologist and Practice Manager at the Jadis Blurton Family Development Center. She holds a Doctor of Psychology and Master of Counselling in Educational Psychology. She has experience providing counselling and assessment services to clients of diverse ages and backgrounds in settings including private clinics, community services and schools. Dr Rozga works with kids, adolescents and adults and helps clients work towards making and maintaining meaningful improvements in a variety of areas of their lives with a particular interest in working with OCD, Bipolar Disorder, Perinatal issues and children impacted by divorce. She provides parent coaching for child behavioural issues or emotional regulation such as child anger or tantrum management. She also offers clients coaching and mentoring for important life decisions, life transitions and the opportunity to pursue self-development to achieve life goals.



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